

## **Coronavirus (COVID-19) Risk Assessment and Questionnaire for customers** **Document date: 3/6/20 (taken from recommendations of the Association of Mountaineering Instructors AMI)**

Coronavirus is a threat to us all, no matter where we go or what we do. However, SAGE evidence suggests that outdoor activities may present a lower risk of virus transmission. **Gritstone Adventure Activities Ltd** will base its activities on the following principals:

Safe Course provision will be informed and guided by a public health assessment of risk: Government advice through Public Health England.

### **Lawful:**

We will adhere to government guidance and legal restrictions.

### **Evidence-based:**

We will use the best available activity-specific evidence and analysis to guide our decision making.

### **Socially responsible:**

We recognise that there must be a balance between economic growth and the welfare of local communities, society and the environment. Candidates, providers and their staff are accountable for fulfilling their civic duty; the actions of an individual must benefit the whole of society.

### **Clear**

We will provide clarity to our candidates, our scheme providers and their staff to enable compliance, engagement, and accountability.

### **Realistic**

We will consider the viability and effectiveness of course delivery options through discussions with our scheme providers. We will ensure we meet the requirements of our Insurers and follow advice of The Association of Mountaineering Instructors.

### **Participant Responsibilities**

Activities will require a pragmatic and mutually agreed approach between clients and instructors. Some objectives may not be feasible. The dynamic nature of being in the outdoors means that there may be occasions when ideal Covid Secure practice (in, for example, social distancing) cannot be maintained e.g. to deal with an immediate safety concern that takes priority.

**Customers are asked to agree to the below:**

To follow relevant home nation Government guidance on Coronavirus, specifically that you will not travel to nor attend guiding/instruction with **Gritstone Adventure Activities Ltd** if you should be self-isolating according to national guidelines. Guidance on the specific symptoms and self-isolation measures are clearly available on the ".gov" website.

Names of all participants

Participant 1 name:

Participant 2 name:

Participant 3 name:

Participant 4 name:

Participant 5 name:

Participant 6 name:

Please answer "yes" or "no" to the following questions:

1) Now, or at any time in the last 14 days:

A. Do you have/have you had a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)?

**To the question above: Answer yes/no (delete as appropriate)**

B. Do you have a/have you had a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)?

**To the question above: Answer yes/no (delete as appropriate)**

C. Do you have or have you had a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal?

**To the question above: Answer yes/no (delete as appropriate)**

D. Are any of your household symptomatic of COVID 19 or have any of them been?

**To the question above: Answer yes/no (delete as appropriate)**

E. Are any of your household self-isolating or have any of them been?

**To the question above: Answer yes/no (delete as appropriate)**

F. To the best of your knowledge have you been in close contact with anyone else who is symptomatic of COVID 19?

**To the question above: Answer yes/no (delete as appropriate)**

G. Do you accept that your participation in the booked activity may increase your risk of exposure to infection with the virus relative to no-participation?

**To the question above: Answer yes/no (delete as appropriate)**

H. Do you agree to inform your Instructor should you develop any symptoms consistent with COVID-19 any time within 14 days of the end of the activity?

**To the question above: Answer yes/no (delete as appropriate)**

The Instructor undertakes to do the same.

**Your responsibilities as participant:**

Please confirm that you will bring:

- A small bottle of hand sanitiser
- A face mask or covering with you in case it is required.
- Appropriate clothing for the activity Drink, lunch, snacks.
- Sunglasses and sun cream, midge repellent (as appropriate)
- A small personal first aid kit (plasters, painkillers, medication, nitrile gloves)
- Please list below any specialist technical equipment you have and can bring
- (map, compass, mapcase, harness, helmet, belay device, rock shoes, nut
- key, climbing rack etc.)

List equipment you will bring here (we will still provide all equipment if required):

If you have any questions about the make, model, age or appropriateness of equipment please do contact us directly to ask questions.

If we are forced to cancel your activity at short notice for Coronavirus related reasons please refer to our booking conditions.