



# Lead Climber: Improver

## Tailor Made

This course will be a maximum 1:2 instructor / client ratio, privately booked. This course is recommended for people who have either completed Gritstone Climb 1, Climb 2 or Climb 3 and would like to take it to the next level. This course is also great for climbers with some leading experience who wish to deepen their lead climbing knowledge and improve their climbing grade.

This course will improve your lead climbing skills, giving you the independence to climb where and when you like – allowing you to take control of your climbing and begin working up through the climbing grades.

You will be trained by expert instructors who hold at least the Climbing Instructor Qualification (MCI – the highest rock climbing instructor qualification in the UK). All our instructors are members of the Association of Mountaineering Instructors. [Click here](#) to view availability on open group courses, or email and we'll create a course for you.

Course includes:

- Improve knowledge of equipment used for lead climbing
- Gain a fuller understanding of climbing grades for single-pitch climbs
- Fine tune ability to select lead climbs that are suitable for your ability
- Improve efficiency in placing leader protection
- Learn how to create more efficient belay stances on single-pitch climb
- Improve rope management and belaying on lead climbs
- Improve effective movement skills to aid lead climbing
- Leader's trouble shooting
- Crag etiquette
- Lots of quality climbing – 2:1 Client / instructor ratio
- All equipment included (rock shoes can be loaned, though clients encouraged to bring their own)



## Location:

This course will take place on the Eastern Gritstone Edges of the Peak District unless you request otherwise. It's most likely you will meet us in Hathersage, S321BB.

## Equipment:

All equipment is included in the price. We can loan you rock climbing shoes but we can't always promise a perfect fit as rock climbing boots have very specific fit. You should wear trainers to this activity and not boots.

## What to bring:

Lots of warm clothes and waterproof clothes if you have them. Even if you are booking for summer, you need to bring warm clothes as the weather here can be changeable and we will be working higher up where it's colder. Bring food and a drink. Bring suncream.

## What to expect from our instructors

Above all, our instructors are lifelong enthusiasts of their chosen discipline. Regardless of how focussed you are about learning and improving, outdoor activities are ultimately about having fun and de-stressing from life. Our instructors are well aware of this and will deliver your sessions in a fun, engaging and relaxed way. Our instructors are the best in the business and are selected not only for their vast experience, but also for their calm, approachable manner and ability to relate well to people. You will not be shouted at, bossed around or made to feel small – you will be supported and encouraged all the way.

## Transport:

We cannot offer transport and you will need to use your own transport. Unfortunately public transport in the Peak District National Park on all but the biggest few roads is almost non-existent, so you will need a car to get around.

## Environmental

- Try to car share
- Don't drop litter
- Never make fires
- Close gates
- Keep dogs on leads at all times

All of our used and out of date equipment is given to a craft company who make the equipment into clothing, bag and accessories here <https://madebyscavenger.com/>

For more information please email [al@gritstoneadventures.co.uk](mailto:al@gritstoneadventures.co.uk)

