



Learn to Lead

Tailor Made for You

This two day progressive course is recommended for people who have either completed Gritstone Climb 1, Climb 2 or Climb 3 and would like to take it to the next level. Learn to lead is also suitable for those with previous experience of 'seconding' (climbing behind a leader), who would like to learn to do it themselves.

This course will train you how to be a lead climber, giving you the independence to climb where and when you like – allowing you to take control of your climbing and begin working up through the climbing grades.

You will be trained by expert instructors who hold the Mountaineering and Climbing Instructor Qualification (MCI – the highest rock climbing instructor qualification in the UK). All our instructors are members of the Association of Mountaineering Instructors. [Click here to view availability on open group courses](#), or emails us and we'll create a course for you.

This course is run on a privately booked 1:2 Instructor / client ratio only.

Course includes:

- Gain a thorough knowledge of equipment used for lead climbing
- Gain a full understanding of climbing grades for single-pitch climbs
- Learn how to select lead climbs that are suitable for your ability
- Skills for efficiently placing leader protection
- Learn how to create efficient belay stances on single-pitch climb
- Rope management and belaying on lead climbs
- Learn effective movement skills to aid lead climbing
- leader's trouble shooting
- Crag etiquette
- Lots of quality climbing – 2:1 Client / instructor ratio
- All equipment included (rock shoes can be loaned, though clients encouraged to bring their own)



Location:

This course will take place on the Eastern Gritstone Edges of the Peak District unless you request otherwise. It's most likely you will meet us in Hathersage, S321BB.

Equipment:

All equipment is included in the price. We can loan you rock climbing shoes but we can't always promise a perfect fit as rock climbing boots have very specific fit. You should wear trainers to this activity and not boots.

What to bring:

Lots of warm clothes and waterproof clothes if you have them. Even if you are booking for summer, you need to bring warm clothes as the weather here can be changeable and we will be working higher up where it's colder. Bring food and a drink. Bring suncream.

What to expect from our instructors

Above all, our instructors are lifelong enthusiasts of their chosen discipline. Regardless of how focussed you are about learning and improving, outdoor activities are ultimately about having fun and de-stressing from life. Our instructors are well aware of this and will deliver your sessions in a fun, engaging and relaxed way. Our instructors are the best in the business and are selected not only for their vast experience, but also for their calm, approachable manner and ability to relate well to people. You will not be shouted at, bossed around or made to feel small – you will be supported and encouraged all the way.

Transport:

We cannot offer transport and you will need to use your own transport. Unfortunately public transport in the Peak District National Park on all but the biggest few roads is almost non-existent, so you will need a car to get around.

Environmental

- Try to car share
- Don't drop litter
- Never make fires
- Close gates
- Keep dogs on leads at all times

All of our used and out of date equipment is given to a craft company who make the equipment into clothing, bag and accessories here <https://madebyscavenger.com/>

For more information please email al@gritstoneadventures.co.uk

