



Stag and Hen Activities

Tailor Made for you

Choose from any one or two Gritstone activities in one action packed day, led by expert guides who know how to pack the most fun and adventure into one day. Transport can be arranged at an extra cost.

Choose any one or two of our activities: Whether your group is looking to try an activity for fun, or are looking for more formal training – we can arrange something to suit. We promise a high quality and enjoyable day out in the beautiful Peak District.

What you get:

- Highly qualified local Guides
- Specialist equipment included
- We are geared towards fun, enjoyment and appropriate challenge
- Slickly organised activities
- We can handle logistics for you
- A tailor made experience which suits the needs and abilities of everyone in your group.

Gritstone can provide maximum fun for minimum hassle in the rugged and beautiful Peak District. Outdoor Activity Group Bookings in the Peak District.

Which Activities?

Each of our activities fit into half a day so you can choose one activity in half a day or two activities in a full day. All the activities cost the same.



- Climbing
- Caving
- Walking
- Bridge abseiling
- Water sports
- Mountain Biking
- Request other activities

Location:

This You will meet us in the Hope Valley area S321BB and ride where ever is suitable to your preferences or ability.

Equipment:

All equipment is included in the price.

What to bring:

Lots of warm clothes and waterproof clothes if you have them. Even if you are booking for summer, you need to bring warm clothes as the weather here can be changeable and we will be working higher up where it's colder. Bring food and a drink. Bring suncream.

What to expect from our instructors

Above all, our instructors are lifelong enthusiasts of their chosen discipline. Regardless of how focussed you are about learning and improving, outdoor activities are ultimately about having fun and de-stressing from life. Our instructors are well aware of this and will deliver your sessions in a fun, engaging and relaxed way. Our instructors are the best in the business and are selected not only for their vast experience, but also for their calm, approachable manner and ability to relate well to people. You will not be shouted at, bossed around or made to feel small – you will be supported and encouraged all the way.

Transport:

We cannot offer transport and you will need to use your own transport. Unfortunately public transport in the Peak District National Park on all but the biggest few roads is almost non-existent, so you will need a car to get around.

Environmental

- Try to car share
- Don't drop litter
- Never make fires
- Close gates
- Keep dogs on leads at all times



All of our used and out of date equipment is given to a craft company who make the equipment into clothing, bag and accessories here <https://madebyscavenger.com/>

For more information please email [**al@gritstoneadventures.co.uk**](mailto:al@gritstoneadventures.co.uk)

